

CASE - OZONUM No.K

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Preamble:

The consent to publish case was obtained from parents.
Tiny bits deliberately omitted to ensure anonymity.
Case reception - February 2020 via Skype
Client - Female 12y/o

Background:

She is the patient of a colleague. She was treated successfully for an offensive smell of feet by CADM-S and migraines accompanied by a visual aura and stomachache ache and vomiting with ASAR. I was asked to review the case due to the inaccessibility of her practitioner.

She is currently at home recovering from a viral respiratory infection. Her mother is at home due to the same infection acquired from her. The SARS-CoVid-19 testing has not been done because of the uncomplicated course of respiratory tract infection and following a general recommendation of authorities (actually she acquired it in the time when the epidemic hit the country and government rather unprepared).

To make the case shorter I skip purposely mother's description of the course of daughter's disease. I was not able to elucidate more characteristic symptoms apart from general symptoms accompanying every viral infection. She was coughing a lot. The cough was dry and painful on the chest alongside airways. She said as if cold air inside. She was given paracetamol for fever and ibuprofen for headaches, which were worsened by coughs. She was given vitamins and herbal teas. The fever at maximum reached 39,6 C for a couple of days. No chills. ASAR given frequently w/o effect.

Interview (verbatim):

Dr: doctor, C: client

Dr: How can I help you?

C: I don't know what to say ...

Dr: You have been already treated by homoeopathy, haven't you?

C: Yes ... my last migraine was in January in the school and I made it w/o painkillers.

Dr: Would you mind to talk about your current situation and respiratory tract infection? (*I noticed that her voice is slightly timbering and raw, hoarse*)

C: I was coughing horribly during the disease ... but generally, I do not tolerate if I have the feeling I can't make an in-breath.

Dr: Go on, pls.

C: For example, if I hold the breath in the swimming pool. I can't withstand the feeling I can't breathe in. I hate if there is stuffy air or sultriness. When I have trouble breathing ...it is not completely a fear, it is like panic, but not exactly panic or fear...

C: If there is stuffy air in the room I need to go outside to get fresh air or at least to breathe near the open window.

Dr: Do you have it in the swimming pool?

C: It is minor there, but a teacher used to ask me: "do you suffer from allergy to chlorine?" because I cough a lot ... I like the smell of chlorine.

Dr: What makes it worse?

C: Sultriness. Stuffy ...

Dr: What is going on with you?

C: I tend to go somewhere to take a breath in.

Dr: What do you experience at that time?

C: It is not fear! It just needs to take a breath in.

Dr: Can you tell me more?

C: I don't know what else ...

Dr: What is your sensitivity? What you don't like? Or you are crazy about?

C: If somebody jolts me repeatedly, continuous movement. If I sit around the table and somebody is touching me with the thigh .. as if there is no enough space.

Dr: How you experience lack of space?

C: It depends on, person to person. There are some (people) I don't like to be in (physical) touch with. I don't know .. the touch, unconscious touch.

Dr: What is your reaction?

C: I'm angry.

Dr: Would you mind to tell me more? What else?

C: I don't know what else ... I don't like if I'm forced to do something.

Dr: Can you tell me an example?

C: At school, at home ... it is as if something is done already and I'm told later on ... i.e. I was told we are going to see grandma and grandpa and nobody communicated it with me before the decision (to visit).

Dr: You don't like if a decision is made w/o you, did I get it right?

C: Yes, there is no opportunity to say something to it despite the fact I would agree.

Dr: Tell me more, pls.

C: I do not have an opportunity to say something to it, my own opinion.

Dr: You don't like it .. you would like to have a chance to express your opinion?

C: Yes, I'm angry then. I like to have the opportunity to say something to it. I feel secure than.

Dr: Can you describe such a feeling of security when you are given the opportunity?

C: Just the fact I can tell it. Calming and consoling. Psychological security.

Dr: Go on, pls.

C: I had the chance to do something for it. It is like protection.

Dr: How you imagine such protection?

C: It is purely energetic. It is like a shield. It is the opportunity to say my own opinion and to defend myself.

Dr: Excellent, how do you feel if you have such an opportunity?

C: Good. Free.

Dr: Are you able to tell more?

C: It is security and safety.

Dr: What is the reversed state of it?

C: I'm defenceless. I can do anything. To say something - my own!

Dr: Tell me what you like generally and what you don't like, pls?

C: Friends, family .. to be together ...

C: I don't like if somebody is lying to me...not telling the truth...I have got a feeling of insecurity.

Dr: Got it. Did you have any dreams recently?

C: When I was ill I dreamt about snakes. I do not have fear of them in reality. In the dream, I had a fear. There were many cobras in the grass, look dead, but one attacked me and wanted to bite me. One snake went after me. I kicked it and it has flown away and it groaned.

Dr: Any other dreams?

C: I do not remember.

Dr: Animals, things, environments, people, surprising, strong, and so on?

C: There was an elephant, it was in the desert and it has bristles like a pig. It was cute and small and I embraced it.

Dr: In the desert, you were with the small elephant, pretty hot... (joking with her little bit)

C: I remember one from childhood. We had a poster with the sun on the wall. When I woke up I felt the heat and it burns everything. Sun is like a killer .. it burns everybody. I had a fever at that time, that's why ...

At this point, she moved towards the window to get better light and commented furnishings in her room. The room was equipped with white furniture, grey floor and one wall was painted in blue.

C: I choose everything by myself! The o'clock, the table, the bed ... (*proudly*). This colour I like very much (*pointing to the blue wall*).

Dr: It is a very beautiful colour. Does it remind you something?

C: Yes, it is the colour of the sky shortly after sunset.

Dr: Would you mind if I send you a remedy named "BLUE from the HEAVEN" (in the Czech language we use to have an idiom: to promise/bring sb blue from the heaven = promise sb the moon)

C: Does it exist?

Dr: Of course. Do you like the idea?

C: Very much!

Rx: OZONUM LM1 in drops daily

Follow up: She sends me the short messages time to time on her own. The very second day her hoarseness disappeared and she had a fast and smooth recovery. No migraines. To evaluate deeper action of the remedy we need to set up a formal follow up and perhaps let the remedy work longer.

Comment: I leave the case w/o any comment and analysis to allow colleagues to make own picture.

-FINIS-

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