Dear Vladimir et al,

no groundbreaking news, just an experience, which I probably share with many:

In a flu-epidemic of 2008 I had many patients who needed Ars-alb, 62 in total. Then I learned that

many recovered from ars alb even if the symptoms did not point to ars.

I had a patient with scleritis for whom I tried several remedies

before I realized that the problem had started right after the epidemic. She had ars in a low potency at that time,

but felt not really cured. Then the scleritis started. I prescribed along the symptoms, nothing helped.

After ars given repeatedly, the flu slightly reappeared and the scleritis healed.

In 2012 the Ant-t - epidemic started and many patients with

acute problems responded well to that remedy even if their symptoms did not match with ant-t.

Headaches, sciatica, etc - during an epidemic every acute disease can call the epidemic remedy.

As Hahnemann writes, in an epidemic you do not find the remedy in one person, but you have

to collect the symptoms from many.

After a while, one understands the underlying condition of the population which has led to the outbreak

of the epidemic. From 2012 to 2019 I saw over 500 patients helped by ant-t.

Some of them turned out to need the remedy constitutionally.

I wrote about that in a volume of Spectrum in 2018. (Sorry, I do not have the english digital version)

How to find this epidemic remedy? I look at the §153-symptoms

in severely ill patients. Those who have mild symptoms often respond to their

constitutional remedies or to remedies close to their constitutional remedies.

In severe cases we can be confident to find the epidemic remedy.

Let's see if we will have access to those patients in the current situation.

I'd love to read your experiences,

Franz